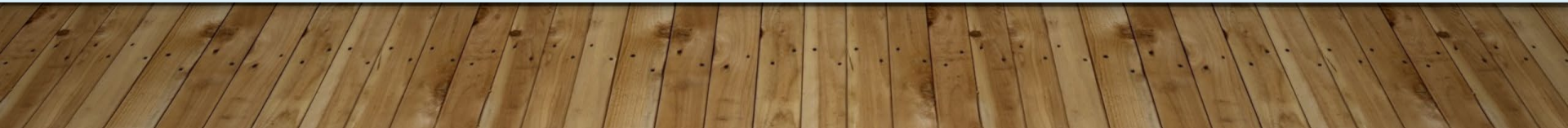


# STUDENTS AND COLLEGE ATHLETICS

---





# AGENDA

- Where to Start
- Division I, II, III
- Marketing Yourself
- Timeline
- Resources





# WHERE TO START

---

- Resources: Parents, coaches, school counselor, SHS athletic department, alum student- athletes, parents/friends that have gone through the process
- Academics should be first priority - Broken leg test
- School location - Do you want family and friends in attendance?
- Athletic and academic standards – Are you a good fit? What Division: I, II, or III?

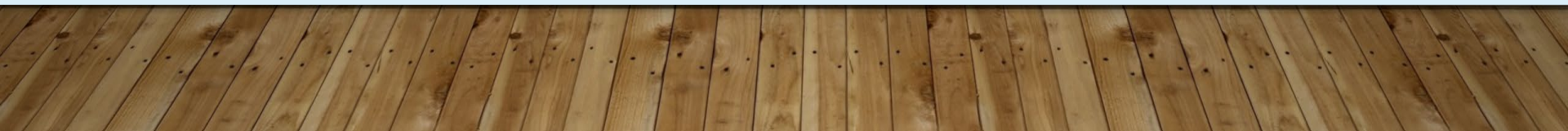
	<b>Men's Basketball</b>	<b>Women's Basketball</b>	<b>Football</b>
High School Student-Athletes	550,305	430,368	1,057,382
NCAA Student-Athletes	17,712	16,532	73,063
Percent High School to NCAA	3.2%	3.8%	6.9%
NCAA Student-Athletes Drafted	50	34	253
Percent NCAA to Professional	1.2%	0.9%	1.6%



# THE NCAA



- Dedicated to safeguarding student-athlete well-being and equipping them with the skills to succeed on the playing field, in the classroom, and throughout life
- NCAA has 3 Divisions
  - Division I: Generally have more students and larger athletic departments. Schools in this division can give athletic scholarships.
  - Division II: Emphasize a life balance in which academically and athletically gifted students can compete at a high level. This division can give athletic scholarships.
  - Division III: Academics are the primary focus. The sports seasons are shorter reducing time away from academic studies and other campus activities. This division cannot give athletic scholarships.





# DIVISION I INITIAL ELIGIBILITY

- For students to be eligible to compete in NCAA sports during their first year at a Division I school, they must graduate high school and meet **all** the following requirements:

- Complete 16 core courses:
  - 4 years of English
  - 3 years of math (Algebra I or higher)
  - 2 years of natural/physical science (1 year of lab science, if offered)
  - 1 additional year of English, math, or natural/physical science
  - 2 years of social science
  - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
- Complete 10 core courses, including seven in English, math or natural/physical science, before the start of their 7<sup>th</sup> semester.
- Earn at least a 2.3 GPA in their core courses
- Earn an SAT combined score or ACT sum score matching their core course GPA on the Division I sliding scale



# DIVISION I INITIAL ELIGIBILITY – ACADEMIC REDSHIRT



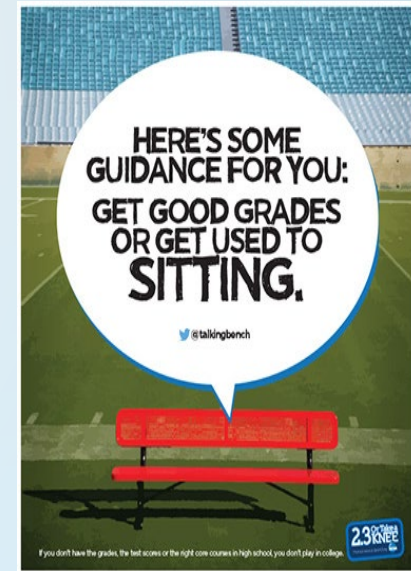
- Students who enroll full time at a Division I school, and have not met all the Division I academic requirements, may not compete in their first year at college
- They could however, qualify as an academic redshirt allowing them to practice during their first term in college and receive an athletics scholarship for the entire year
- To qualify for an academic redshirt the student must graduate high school and meet all the following requirements:
  - Complete 16 core courses:
    - 4 years of English
    - 3 years of math (Algebra I or higher)
    - 2 years of natural/physical science (1 year of lab science, if offered)
    - 1 additional year of English, math, or natural/physical science
    - 2 years of social science
    - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
  - Earn at least a 2.0 GPA in core courses
  - Earn an SAT combined score or ACT sum score matching their core course GPA on the Division I sliding scale

# DIVISION II INITIAL ELIGIBILITY



- For students to be eligible to compete in NCAA sports during their first year at a Division II school, they must graduate high school and meet **all** the following requirements:

- Complete 16 core courses:
  - 3 years of English
  - 2 years of math (Algebra I or higher)
  - 2 years of natural/physical science (1 year of lab science, if offered)
  - 3 additional year of English, math, or natural/physical science
  - 2 years of social science
  - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
- Earn at least a 2.2 GPA in their core courses



- Earn an SAT combined score or ACT sum score matching their core course GPA on the Division II sliding scale



# DIVISION II INITIAL ELIGIBILITY – PARTIAL QUALIFIER

---

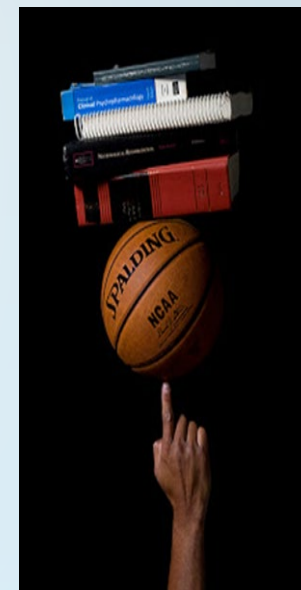
- Students who enroll full time at a Division II school, and have not met all the Division II academic requirements, may not compete in their first year at college
- They could however meet the requirements to be a Partial Qualifier, allowing them to practice during their first term in college and receive an athletics scholarship for the entire year
- To be a Partial Qualifier the student must graduate high school and meet all the following requirements:
  - Complete 16 core courses:
    - 3 years of English
    - 2 years of math (Algebra I or higher)
    - 2 years of natural/physical science (1 year of lab science, if offered)
    - 3 additional year of English, math, or natural/physical science
    - 2 years of social science
    - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
  - Earn at least a 2.0 GPA in core courses
  - Earn an SAT combined score or ACT sum score matching their core course GPA on the Division II sliding scale



# DIVISION III INITIAL ELIGIBILITY

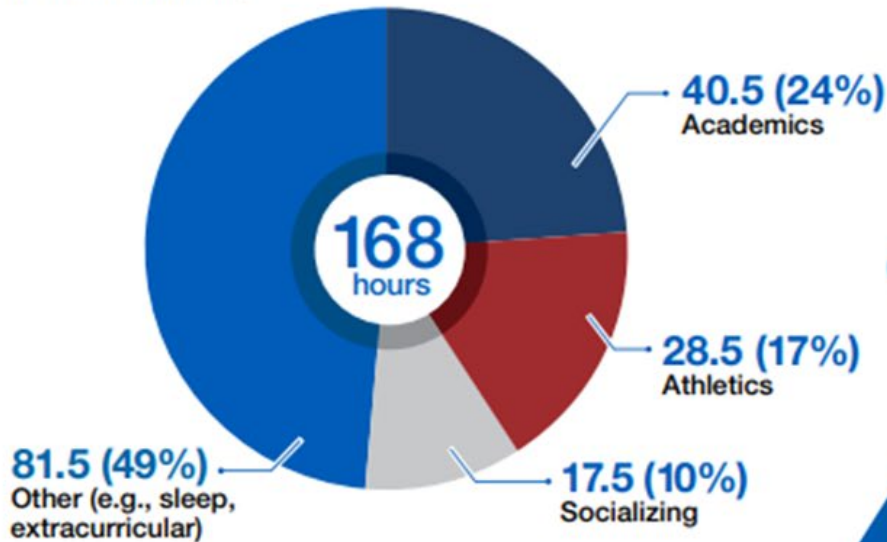


- If a student is planning to attend a Division III school, they do not need to register with the NCAA Eligibility Center
- Division III schools set their own admissions and eligibility standards
- Colleges and universities in Division III place highest priority on the overall quality of the educational experience and on the successful completion of all students' academic programs
- Division III playing season and eligibility standards minimize conflicts between athletics and academics, allowing student-athletes to focus on their academic programs and pursue other co-curricular and extra-curricular opportunities



## Division III student-athlete's time each week

(numbers listed in hours)



Division III student-athletes report spending one (1) day a week away from campus.

*\*Median amount; based on 2015 NCAA GOALS study.*

## Did you know?

Division III student-athletes note their athletics experience did **not** hinder their academic and co-curricular pursuits. In fact, it had a positive effect on their collegiate experience. *(approximate percentages)*



**25%**  
Study abroad

**45%**  
Work at least 8.5 hours per week

**60%**  
Want to attend graduate school

**67%**  
Involved in an internship/externship



Half of Division III student-athletes said they spend as much or more time on athletics during the offseason as during their competitive season.

*\*Based on the 2015 NCAA GOALS study.*



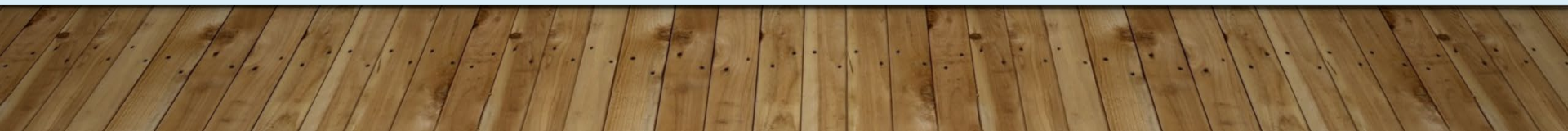
# WHAT ARE NCAA CORE COURSES?

- For courses to be approved as NCAA core courses, they must meet these areas:
  - Be an academic, 4 year college preparatory course eligible for high school graduation credit in one or more of these areas:

English	Math (Algebra I or higher)
Natural/Physical science	Social Science
Foreign Language	Comparative religion or Philosophy

- Be at or above your high school's regular academic level
- Be taught by a qualified instructor

**For a list of SHS's approved NCAA Core Courses see your School Counselor**





# THE NCAA'S GPA

---

- The NCAA Eligibility Center calculates core course GPAs based on the grades students earn in NCAA-approved Core Courses.
- GPAs are calculated on a 4.000 scale
- Numeric grades such as 92 or 87 are changed to letter grades such as A or B
- The NCAA Eligibility Center does not use plus or minus grades
- Weighted honors or Advanced Placement courses may improve a student's core course GPA but the high school must notify the NCAA Eligibility Center that it weights grades in those classes
- For Pass/Fail grading situations, the NCAA Eligibility Center will assign the high school's lowest passing grade for a course in which the student received a Pass grade (for most schools this is a D)



# HOW DO I GET NOTICED?

---

- Complete Prospective Student-Athlete Questionnaires on school's athletic websites
- Participate in college showcases, camps, and clinics
- Create a sports resume that highlights athletics, academics, and citizenship
- Ask your coach to call a college coach on your behalf
- Email and send a letter to college coaches



**Annie Athlete**  
**Basketball Information**

*1234 Main Street, Stafford Springs, CT 06076*  
*Telephone: (123)-456-7890; [annieathlete@e-mail.com](mailto:annieathlete@e-mail.com)*

**High School:** Stafford High School  
145 Orcuttville Road  
Stafford Springs, CT 06076  
(860)-684-4233

**Height:** 5'10"  
**Weight:** 147 lbs  
**GPA:** 3.67 on a 4.0 scale (weighted)  
**Graduation Date:** June 2020

**Conference:** North Central Connecticut Conference & Connecticut Interscholastic Athletic Conference

**Position:** Forward  
**Jersey:** #30  
**Varsity Starter:** 2 years

**Awards/Honors:** Rookie of the Year (2017)  
All-Conference (2017, 2018, 2019)  
All State (2019)  
Classic Tournament MVP (2018)

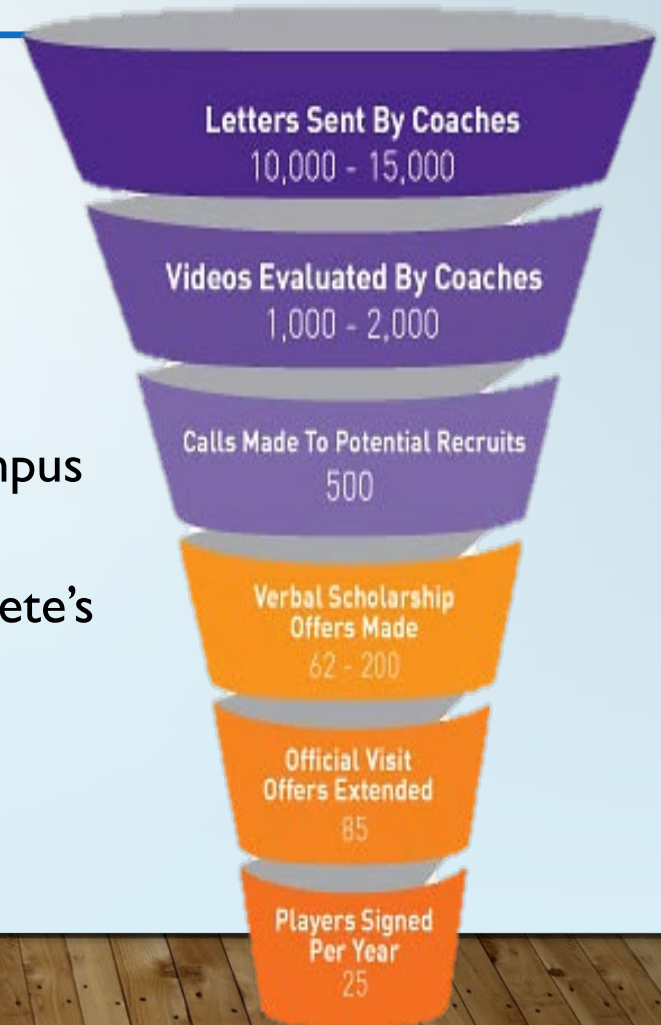
**Other Experience:** AAU Basketball (2015-Present)  
University of Connecticut Basketball Camp (2015-2017)  
University of Hartford Summer Basketball Camp (2017)

**High School Coach:** Jane Smith  
Cell: (987)-654-3210  
[headcoach@e-mail.com](mailto:headcoach@e-mail.com)

**AAU Coach:** John Smith  
Cell: (876)-543-2109  
[aaucoach@e-mail.com](mailto:aaucoach@e-mail.com)

# COLLEGE COACHES: WHAT DO THEY LOOK FOR?

- Grades, character, attitude, athletic ability
- Contact, evaluation, quiet, dead periods
  - What if a student contacts a coach and doesn't hear back?
  - Division III: may make in-person, on- or off-campus recruiting contacts with a prospective student-athlete after the conclusion of the student-athlete's sophomore year in high school.
- Prospective student-athlete mistakes



# NCAA INITIAL ELIGIBILITY PROCESS – START YOUR SEARCH



HIGH SCHOOL  
STUDENT

## GRADE 9

- Student asks counselor for a list of high school's core courses to ensure he or she takes the right classes.

## GRADE 10

- Student registers with the NCAA® Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).

## GRADE 11

- Student checks with counselor to make sure he or she will graduate on time with all required NCAA core courses.
- Student takes the ACT or SAT, submitting his or her scores to the NCAA using code 9999.
- At the end of the year, counselor provides student's official transcript to the NCAA Eligibility Center.

## GRADE 12

- Student finishes last NCAA core courses.
- Student takes the ACT or SAT again, if necessary, submitting his or her scores to the NCAA using code 9999.
- After April 1, student requests final amateurism certification decision from the NCAA Eligibility Center.
- After graduation, counselor provides student's final official transcript with proof of graduation to the NCAA Eligibility Center.



# FRESHMAN YEAR

---



- Check in with your school counselor regarding your course selections and NCAA core requirements
- Start high school with strong academics – these grades will matter
- Have conversations with your coaches, both high school and club or AAU
- Start participating in camps, clinics, exposure tournaments, college showcases
- If you are traveling during this year check out different college campuses

# SOPHOMORE YEAR

---



- Maintain academics and conversations with your school counselor
- Start doing research on colleges you may be interested in
  - Research current roster, watch games and style of play, research tenure of coach and coaching changes
- Register with the NCAA Eligibility Center
- Start going on unofficial visits to colleges of interest



# NCAA ELIGIBILITY CENTER STUDENT REGISTRATION

---

## Online Registration

- Typically takes 45 minutes to register completely

## Account Creation

- Need to provide a valid email address which will remain active after they graduate from high school
- If the student has a sibling registered with the NCAA Eligibility Center the email address has to be a different email address than the one on their sibling's account

## About Me

- Students enter their name, address, date of birth and gender

## My Coursework

- Enter name and location of the high school the student currently attends and any high schools attended in the past
- Include information about courses taken through other programs, such as an online school or credit recovery program

## My Sport

- Select the sport(s) the student plans to participate in at the NCAA Division I or II level
- Provide information on any teams the student participates in outside their high school and events they have participated in during their high school career

Registration Fee: \$90 for students in the United States, U.S. territories and Canada  
\$150 for all other international students

# JUNIOR YEAR

---



- Send SAT or ACT scores to the NCAA Eligibility Center – NCAA code: 9999
- Go on unofficial visits – can contact coach to set up a tour and/or meeting
  - Get a sense for the campus setting, athletic facilities, academic support, dorms, and the different activities and social life
- Continue to do research on school of interest, attend games, participate in showcases, camps, etc.
- Make sure your transcript is sent to the NCAA Eligibility Center at the end of the school year
- Division III prospective student-athletes may go on Official Visits starting January 1 of the prospective student-athlete's junior year in high school - one per institution.



# QUESTIONS TO ASK COLLEGE COACHES

---

- How would the time demands of being on the team impact my academics?
- What does a typical day or week look like when the sport is in season?
- What does typical team travel look like (e.g., duration of trip, missed class time)?
- What accommodations are made on campus before an away contest/trip?
- What are the team's policies on missed practices and what is the institution's policy on missed classes?
- Does being on the team impact pursuing any specific majors?
- How do student-athletes pursue interests outside athletics (e.g., internships, externships, study-abroad experiences, community service, etc.)?
- If I wanted to, would I have time to practice and compete in a second sport?
- What are the additional requirements or expectations of being on the team that I may not be aware of (e.g., team fundraisers, community service, alumni relations, etc.)?
- What resources are available to help with my time management?
- What resources are available to help me succeed academically?

# SENIOR YEAR

---



- Ensure Junior Year transcript was sent to the NCAA Eligibility Center
  - Visit “My Planner” page in your NCAA Eligibility Center account
- Follow college application process with your school counselor
- DI and DII official college visits (limit of 5) – check NCAA website for specifics regarding your sport
- Maintain strong academics
- Review NCAA policies on banned drugs and substances – check when completed
- Complete amateurism questionnaire
- Ensure final transcript with proof of graduation is sent to the NCAA Eligibility Center

# SCHOLARSHIPS



- NCAA Division I and II schools provide more than \$2.7 billion in athletics scholarships annually to more than 150,000 student-athletes
- Only about 2 percent of high school athletes are awarded athletics scholarships
- Division I full scholarships provide tuition and fees, room and board, books and other expenses related to the cost of living
  - Scholarships can be yearly or multi-year
  - May also pay for student-athlete to finish their bachelor's or master's degrees after they finish playing NCAA sports
- Division II full scholarships provide tuition and fees, room, board and course related books and supplies

**Most student-athletes who receive athletic scholarships receive an amount covering a portion of these costs – a Partial Scholarship**



# NATIONAL LETTER OF INTENT

---

- A National Letter of Intent is signed by the student-athlete, agreeing to attend a Division I or II college for one academic year
- Participating colleges agree to provide financial aid for a minimum of one academic year to the student-athlete as long as they are admitted to the school and are eligible for financial aid under NCAA rules
- Signing an NLI ends the recruiting process, schools are prohibited from recruiting student-athletes who have already signed an NLI







# HELPFUL LINKS

---

- [www.eligibilitycenter.org](http://www.eligibilitycenter.org)
- [www.ncaa.org/playcollegesports](http://www.ncaa.org/playcollegesports)
- [www.2point3.org](http://www.2point3.org)
- [www.nationalletter.org](http://www.nationalletter.org)
- <https://sites.google.com/stafford.k12.ct.us/shsschoolcounseling/home>
  - NCAA Resources

---

**ANY  
QUESTIONS?**